



IMPORTANT INFORMATION about your 2021 Benefits

2021 Personal Wellness Profile (PWP)



A Personal Wellness Profile, like other kinds of preventive care, is a helpful tool in the early detection and treatment of chronic disease. Now, more than ever, we are committed to providing employees with the resources to care for their bodies and mind, when personal health is of the utmost important.

While we still consider preventive care to be of huge importance, we know that seeking medical care looks a little different amid a pandemic. For that reason, we are allowing for 2020's wellness credits to rollover, as long as you completed your PWP in 2019. This means that if you completed a PWP last year, you don't have to do it again this year. You'll still receive the wellness credit.

Employees that did not complete a PWP in 2019, as well as newly hired faculty and staff should schedule a PWP with OurHealth at Valpo by October 1, 2020 to qualify for a discount in 2021.

Scheduling Your PWP with OurHealth at Valpo

OurHealth is following state and federal health guidelines to ensure your safety and comfort during visits this year. To schedule your PWP:

CALL

1-866-434-3255

EMAIL

member@ourhealth.org

WHO NEEDS TO SCHEDULE?

Employees that did not complete a PWP in 2019, as well as newly hired faculty and staff

BY WHEN?

October 1st, 2020

Open Enrollment | Plan Year 2021

Can you believe Open Enrollment is nearly upon us? This year, Open Enrollment will run from November 9th - November 22nd. Meetings will be held virtually and will be made available both live and on demand. We will also be hosting a virtual Benefits Fair this year!

Additional information regarding the 2021 health plan, as well as Open Enrollment meeting dates will be forthcoming.

We're Open! Appointment Only
OurHealth @ Valparaiso University
55 University Drive, Suite 102A