

## K-12 CURRICULUM

### **Physical Education Teacher Education Major: All Levels (Early/Middle Childhood, Middle Level, Adolescence/Youth Adult)**

Students who plan to teach in the elementary or secondary schools with a major or minor in Physical Education Teacher Education must also complete a complementary major in secondary education. Students completing this degree will be certified to teach physical education K-12 and health 7-12.

This teaching major requires a minimum of 51 credit hours.

Students must also pass all portions of the Pre-Professional Skills Test (PPST) and gain formal admission into the Teacher Education program in the Education Department.

#### **Courses must include:**

- PE 150 Introduction to Physical Education 1 cr
- PE 155 Dance Patterns & Forms 2 cr
- PE 165 Gymnastics 2 cr
- PE 175 Experimental Education 2 cr
- PE 190 First Aid, Health & Safety 2 cr
- PE 230 Seminar in Health 3 cr
- PE 231 Substance Abuse & Health 3 cr
- PE 240 Phil., Hist., & Org. Perspectives in Physical Education 3 cr
- PE 270 Teaching Swimming 2 cr
- PE 289 Teaching Physical Education in the Elementary School 3 cr
- PE 315 Teaching of Team Sports 3 cr
- PE 325 Teaching Individual & Dual Sports 3 cr
- PE 360 Adapted Physical Education 3 cr
- PE 370 Kinesiology 3 cr
- PE 387 Fitness Assessment & Exercise Prescription 3 cr
- PE 389 Methods of Teaching Health 3 cr
- PE 410 Measurement & Evaluation in Physical Education 3 cr
- PE 440 Exercise Physiology 3 cr
- PE 489 (ED 489) The Teaching of Physical Education 3 cr

#### **Other Requirements Include:**

- BIO205 Fundamental Nutrition 3 cr, OR
- PE 191 1st Aid Inst. Certif. 1 cr, or PE 192 Sport First Aid 1 cr

The complementary major in Secondary Education for Physical Education Teacher Education must include:

ED 203, 204, 305, 370, 385, 459, 460, 485 and SPED 440

For further assistance please contact:

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